What is permanency?

PERMANENCY = A LIFELONG, NURTURING FAMILY FOR EVERY CHILD

All of our programs and services share the goal of permanency for youth.

PERMANENCY is the belief and value that every child and young person deserves a permanent family relationship. Permanence is not about a philosophy, a plan, or a foster care placement — nor is it intended to be a family relationship that lasts only until the child turns age 18. Rather, permanence is about locating and supporting a lifetime family.

Message from the CEO

While reflecting on the past year, it is important for us to revisit our vision at Stanford Youth Solutions. We envision a community where every young person has strong and permanent connections to family and the opportunity to develop as a healthy and productive young adult. To achieve this critical outcome, we provide relentless support to young people and their family members through a variety of services. Those services are highlighted on the following pages. What is most important for you to know is that even if a youth believes they do not have a family, we focus on supporting them to find a family that becomes their own so that they have a seat at their own family table. Why? Every child deserves a seat at the table.

With gratitude,

Laura Heintz, Psy. D.
CEO
Family Partners and Youth Peer mentors offer their own personal experiences and advocacy skills as a valuable layer of support to the youth and families in all of Stanford Youth Solutions’ programs. Having similar experiences in their past, these important partners empower young people and their families to lead their own care teams to get their needs met. Family Partners are staff members who have personal experience in the foster care, mental health or juvenile justice systems. Youth Peer Mentors are young adults also employed by Stanford Youth Solutions who also have personal experience with the foster care, mental health or juvenile justice systems.
STANFORD YOUTH SOLUTIONS IS 1 OF ONLY 2 qualified Intensive Treatment Foster Care Programs, home-based services for children who would otherwise be placed in group homes or hospitals, in the Sacramento area.

FOSTER CARE
All of our Foster Care programs are focused towards permanency for youth. Every program utilizes concurrent planning, which provides several paths for the young person to obtain a lifelong family connection.

JJCP (Juvenile Justice and Crime Prevention Program)
Our JJCP practitioners utilize Functional Family Therapy (FFT), an evidence-based practice, as a means to provide rehabilitation to young offenders, with a focus on reducing criminal behavior, decreasing individual and community risk factors, changing negative family relationships, and enhancing protective factors to facilitate relapse prevention.

75% 75% were not charged with a new crime.

FIT (Flexible Integrated Treatment)
Our FIT team members collaborate with youth and their families using a well-defined assessment, planning and service delivery model that strengthens family connections, improves behavioral and mental health functioning, decreases psychiatric hospitalizations and contacts with law enforcement, and connects families to community resources and supports.

89% 89% no longer had problems with trauma symptoms.
WRAP (Wraparound)
Young people living in institutional care gain the support and guidance of our Wraparound program to help them transition safely to permanent family or healthy, independent living.

97% of non-minor dependents were living within the community and out of a group home setting.

TBS (Therapeutic Behavioral Services)
Youth who are at risk of being moved into a higher, more restrictive placement or need support transitioning to a lower level placement receive community-based, one-on-one, short-term, positive behavior change focused on support and coaching so that their placement is successful.

90% were able to remain in their current residence versus being moved into a higher, more restrictive placement.

QUALITY IMPROVEMENT AND RESEARCH
There are many key differentiators for Stanford Youth Solutions that separate us from other ‘like’ organizations. One in particular is our Quality Improvement and Research (QIR) department. This dynamic team collaborates with programs to support development and growth, to improve clinical practice, and to increase efficiencies that promote productivity. QIR identifies opportunities to fulfill the values of the organization, with an emphasis on innovation. In addition, QIR anticipates organizational needs to ensure seamless service delivery.
Last summer, five children were taken from their home because of allegations of their stepfather being abusive. The mother was cited with “failure to protect” and three of the children were placed in Stanford Youth Solutions’ foster homes.

This is a story of a family torn apart for a year and reunited, as told...

...BY MOM.

My world became very dark. They were gone, just like that. I was scared. I told them to stay strong and have courage, that they would come back home soon. I prayed that my oldest would watch over them.

I left my husband and started to find out what I needed to do to show a judge that my home was safe now. I struggled...I was alone and my family was in the Bay Area so I moved there for a while for support. Transportation was hard but I saw my kids almost every week. It was very important to me to bring them a warm meal...that we had a family meal together. My littlest was still so young; I hated hearing her cry.

Kara and Ebony (Stanford Youth Solutions) helped me figure out what I needed to do to improve my communication, to feel more confident to protect my children and how to work with child protective services and the county. They talked and counseled me through that year and encouraged me. They made sure my kids were safe. There was no question in my mind that they wanted the best outcome possible for my family.

Terry
SUCCESS

My mom told me that we needed to stay strong, to have courage.

Adam, age 14

We really set out to collaborate with birth parents and bridge the gap between birth parents and foster parents. If the reunification was not possible, we were prepared to find permanent placement for the kids. In this case we were able to support the kids returning home with Mom.

Kara, Social Worker
for Stanford Youth Solutions

Last year we got taken away from our mom…it was very hard.
WHO WE SERVE

OF THE 850 YOUTHS SERVED DURING FY 2014-15, 38.1% WERE FEMALE AND 59.8% WERE MALE.

FINANCIAL HIGHLIGHTS

- Development $725,419 6.94%
- FIT $2,577,551 24.66%
- TBS $615,008 5.88%
- Wraparound $3,779,438 36.16%
- JJCP $558,324 5.34%
- Foster Care $2,098,366 20.07%
- Empowerment $42,610 0.41%
- Training Center $56,572 0.54%

TOTAL REVENUE: $10,453,287
TOTAL EXPENSES: $10,443,609
NET INCOME: $9,678
% ADMIN COST: 12.96%

STATEMENT OF FINANCIAL POSITION
Total Assets: $13,388,457
Total Liabilities: $2,819,099
Total Fund Balance: $10,569,358

WHO WE SERVE

race | age

- African American [32.2%]
- Asian/Pacific Islander [1.3%]
- Caucasian [28.4%]
- Hispanic/Latino [17.9%]
- Multi-ethnicity [10.2%]
- Native American [0.9%]
- Other [6.8%]
- Not Reported [2.2%]
The Annie E. Casey Provider Exchange® Learning Cohort was formed with the goal of creating evidence-based practices and outcomes guided programs to improve the well-being and lives of at-risk youth and their families. Members participating in the Provider Exchange®, received individualized coaching, consultation and support from our very own Dr. Laura Heintz, CEO (she is the designated Provider Exchange®, Peer Consultant Lead). Dr. Heintz is working with Lutheran Services in America Child Youth & Family organizations across the country in Florida, Ohio, Massachusetts, Texas, Michigan, North and South Carolina, Colorado, Indiana, Pennsylvania, Maryland, Delaware, Nebraska, Virginia, South Dakota, AND — Washington D.C.
Congratulations to JOVINA NEVES, SACRAMENTO BUSINESS JOURNAL’S NONPROFIT CFO OF THE YEAR 2015!

At Stanford Youth Solutions, we are working hard to make sure that every child has a seat at the table.

Our CFO, Jovina Neves, is devoted to helping the children and families we serve and always has their best interest at heart. We value her financial knowledge and expertise, but most importantly, her unwavering commitment to our mission, vision and values. Our donors and community partners are assured of her vigilant stewardship of their dollars.

Our goal is permanency; a lifelong, nurturing family for every child. Thank you Jovina for helping us reach our goal!

ACCOMPLISHMENTS

COA — Council on Accreditation

Stanford Youth Solutions received national accreditation through The Council on Accreditation on November 20, 2014. This accreditation demonstrates to the community that our organization meets higher standards than minimum licensing requires and that our organization has in-depth, comprehensive and transparent review of all aspects of operations, best practices, continuous quality improvement, and internal review of the organization. National accreditation speaks to the quality of work and our commitment to our youth, families, staff, foster families, Board of Directors, community partners, donors, and volunteers. The accreditation process rewarded us with a greater knowledge of understanding the importance of what we do, how we do it, and how we impact families. Outstanding services support sustainable, positive change for young people and their families.
HOW YOU CAN HELP...

Close your eyes for a moment and think about where you sat at the dinner table growing up. You knew exactly which seat was yours. Whether it was next to your brother or sister or alongside your mom, it is our hope that you always had a place at the table.

Help us make sure there’s a seat for every child at the table.

Share this information with family and friends.

Visit our website at youthsolutions.org to read success stories about the families we serve.

Consider supporting our permanency efforts with a financial gift.
OUR MISSION  Stanford Youth Solutions

INSPIRES sustainable change for young people and their families and EMPOWERS them to solve serious challenges together