Stanford Youth Solutions
Juvenile Justice and Crime Prevention (JJCP)
Program Logic Model

**Overarching Goal:**
JJCP provides Functional Family Therapy (FFT) to youth on probation who are at risk or demonstrating family relationship challenges, violence, substance abuse, delinquency, truancy, or other behavioral issues. FFT improves family functioning and reduce youth’s risk factors by building on a family’s strengths to create a positive relationship within the family and the community.

**Participants**
- Stanford Youth Solutions
  - Program Director
  - Clinical Program Manager
  - FFT Site Supervisor
  - Practitioners
  - Family Partner/Youth Advocate
- Clients
  - Youth ages 12 to 17 with current probation involvement and exhibit low to moderate or moderate to high risk behavior.
  - The client’s identified family
  - Client must have lived with family for 6 Months.
- Funding
  - Sacramento County Probation System
- Stakeholders
  - Probation

**Short Term**
- Engagement
  - Collaborate with Probation & Other Services
  - Connect Client and Practitioner
  - Changing Family Focus & Meaning
- Behavior Change
  - Parent/Youth Training
  - Self-Monitoring
  - Situation Specific Techniques
- Generalization
  - Linking to Community Resources
  - Developing Positive Relationship Skills
  - Relapse Prevention

- Identification of family dynamics and challenges
- Families and practitioners reach common understanding
- Family gain skills to better relate
- Family gains problem solving strategies
- Problem solving skills grow and become applicable in multiple situations and domains

**Medium Term**
- Increase family motivation and engagement.
- Increase family’s protective factors and decrease family’s risk factors.
- Increase prosocial behaviors and explore engagement opportunities in the community.

**Long Term**
- Families are fully engaged and prepared for treatment
- Challenges related to family functioning articulated
- Behavior is reoriented in a positive manner
- Decrease likelihood of future delinquency
- Engage in positive community activities